

# ECHOS



The Woman's Club of Windsor  
Member: General Federation of Women's Clubs,  
General Federation of Women's Clubs of Virginia, and  
Southside District

## *Living the Dash ... For our Town*

### Special points of interest:

- \* First club meeting will be on **TUESDAY**, September 13, 2011 at 6:30 PM
- \* Goals from the coming year are enclosed in this newsletter.
- \* President Hope Royer of GFWC Virginia and Dell Williams, Southside District President will be our guests in September

*Where did the summer go? Seems like only last week we were having our last club meeting of the year. Could it be because we didn't finish our club work until well into July, or just because the summer has been so busy?*

*Thank you to everyone who helped with our summer projects, Windsor Ruritan Dinner, cleaning the kitchen at the Community House, the Annual 4th of July Celebration and our Children's Patriotic Parade. And Thank you to Joyce Bracey who has agreed to fill the position of assistant secretary*

*We are so excited to announce that GFWC Virginia President Hope Royer and Southside District President Dell Williams will be our guests at the September meeting.*

*Please note the changes to our newsletter this year. We are going to include the minutes from the previous meeting in each newsletter. Community Service Program's goals for the coming year are listed in this first newsletter. The newsletter will be lengthy but should keep everyone informed as to the activities of the club. **PLEASE READ THE OBJECTIVES CAREFULLY AND BE READY TO VOTE ON THEM AT THE SEPTEMBER MEETING. AND IF YOU VOTE FOR THE OBJECTIVES, PLEASE BE PREPARED TO SUPPORT THEM WHEN ASKED, EITHER BY WORKING ON THE PROJECT OR BY DONATING TOWARD THE PROJECT.***

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*Also don't forget that our newsletter is available online at: [windsorwomansclub.com](http://windsorwomansclub.com). If any chairman would like to have something posted on the website please let me know and it will be done.*

*My theme this year will again be "Living the Dash . . For Our Town" A copy of the poem "The Dash" is included in the newsletter and when you read it you will understand the reason I use it.*

*I look forward to seeing everyone on Tuesday, September 13th!*

**Mary Lee**

We could learn a lot from crayons. Some are sharp, some are pretty and some are dull. Some have weird names and all are different colors, but they all have to live in the same box.

## Minutes from the May 2011 Meeting

- The Woman's Club of Windsor held its regular monthly meeting on May 19, 2011 at the home of Dot Gwaltney at 6:30 P.M.
- President Mary Lee Willis welcomed members and guests and Luann Scott offered grace.
- Our hostesses served a delicious picnic dinner.
- The business meeting was called to order. Our devotional was a poem ("A Lump of Coal"), written and read by Liz Fuller. This poem won a blue ribbon at the GFWC State Convention in May.
- Nola Mumford led the pledge to our flag and reading of the club collect.
- Minutes of the March and April meetings were read and corrected.
- Roll was called with thirty-two members and one guest responding. There was no correspondence.
- Jackie Blythe distributed the treasurer's report. Balance forward was 5,848.82. Receipts of 2,351.32 and disbursements of 3,062.47 left a balance of 5,137.67 on May 19, 2011. The report was filed.

### Committee Reports:

- The following committees gave year-end reports:
- Arts, Education, Home Life, International Outreach, Public Issues, State Project. The reports are filed.
- Mary Lee announced that Membership Committee won the Best Single Project-Small Division at State Convention. Nancy Foster was also named Best Recruiter.
- Ways & Means: Courtney Roggman distributed assignments for feeding the Ruritans on June 21<sup>st</sup>. Kim Garrett reminded us of responsibilities for the Field Trials on May 21, 2011.

### Unfinished Business:

- WCW banner has been purchased and was on display.
- Helen Hill showed us the beautiful quilt that Southside District will be raffling off at District meeting in March 2012. Each member is asked to buy or sell at least two tickets.

### New Business:

- Mary Lee reported an ant problem at the Community House. We will plan a clean-up day in the near future and then deal with pest control.
- Dot Gwaltney made a motion to buy two rugs for the Community House kitchen. The vote was carried.
- We received a request from Julia Buie for assistance with an Isle of Wight Animal Shelter Fund Raiser on June 4, 2011. A sign up sheet was provided.

### Announcements:

- Betty Hardy announced a State Project yard sale on June 4, 2011 in Hardy Parking lot.
- Our annual July 4<sup>th</sup> celebration is planned. A sign up sheet for volunteers was provided.
- The Arts Committee is planning a July 4<sup>th</sup> Parade for children. More information will follow.
- Kathy Queen announced that Talmadge Darden has donated a supply of beveled mirrors to the club.
- Isle of Wight Fair is scheduled for September 15, 2011. Ann Hall will be in charge of Arts & Crafts. She invited all to bring items for display.

President Mary Lee presented members an award certificate noting their "special talents".

- The meeting was adjourned at 9:00 P.M.-with thanks to Dot Gwaltney for sharing her home and to hostesses: Luann Scott, Wendy Broache, Nancy Howell, Kathy Holt, Liz Fuller, Ann Fuller, Betty Cobb, Kim Garrett and Cathy Funk.

Virginia S. Norfleet

Secretary

# COMMUNITY SERVICE PROGRAM REPORTS

## ARTS—Helen Hill & Patti Harrison, Co-Chairmen

- The Art Committee met and decided on an active schedule for this year. We hope you will join us where you can. Much of it does involve you, the member. We will have the Salvation Army dolls to give out at the September meeting. We are getting 40 of the 190 they will have available this year. So make your doll special!
- This year our art corner will be a little different. So please look for that. This month is sponsored by Betty Hardy.
- The information for the Arts Competition will come next month. The writing competition deadline is on or before February 1<sup>st</sup>. So that it can be judged the Committee will need your entry by January 10<sup>th</sup>. I hope some of you will enter this competition. We had a Blue Ribbon winner last year. Congratulations, Liz!
- Your Arts Committee is looking forward to an exciting year.

### GUIDELINES FOR DRESSING THE SALVATION ARMY DOLLS & BEARS

**THINK SAFETY:** Avoid use of pins, either straight or safety pins. Use sew-on safety snap fasteners or Velcro for closures. Buttons are acceptable if sewn securely. Necklaces and earrings are cute, but could find their way into small child's mouth. Please, no corsage pins or earrings. The heads of pins pull off, leaving needle-like pin in the dolls ears.

Get your dolls and bears in as early as possible. Please understand the Salvation Army has to check every doll for safety. Also, understand that a certain amount of dolls and bears were ordered, therefore the supplies are limited. The Windsor Woman's Club only received 40 dolls.

**DOLL OUTFITS:** Outfits may be crochet, knit, hand or machine sewn, or store bought. Please make outfits big enough for ease of dressing by little hands, but not too large. Avoid sewing garments on dolls. The fun of playing with dolls is in dressing them. Extra outfits are welcomed!

We ask that you name your doll and describe her clothes. It would be helpful if you put this on an index card.

At the October meeting we will have a fashion show for Bridgette, Margaret, Gertrude, Sally or whoever. They are to attend the meeting as new MEMBERS. We had a lot of fun with this last year, so we hope you enjoy this project.

**WE ARE ASKING THAT ALL DOLLS BE RETURNED TO THE WCW NO LATER THAN THE OCTOBER MEETING (OCTOBER 20, 2011).**

For those who don't sew, knit or crochet, here are some web addresses where you can purchase 18" doll clothes and accessories:

[www.abcdistributing.com](http://www.abcdistributing.com)  
[www.dollclothes-emilyrose.com](http://www.dollclothes-emilyrose.com) (this one has shoes and accessories)  
 (also has free doll clothes patterns, if you join the Patterns Club)  
[www.everythingfordolls.com](http://www.everythingfordolls.com)  
[www.jiminees.com](http://www.jiminees.com)  
[www.dollclothesstore.com](http://www.dollclothesstore.com)  
[www.wholesaledollclothes.com](http://www.wholesaledollclothes.com)  
[www.uniquedollclothing.com](http://www.uniquedollclothing.com)

You can get free sewing, knitting and crochet patterns at the following web sites:

[www.sewingfreebies.com](http://www.sewingfreebies.com)  
[www.knittingonthenet.com/dollsag.html](http://www.knittingonthenet.com/dollsag.html)  
[www.crochetpatterncentral.com/directory/dolls-clothes.php](http://www.crochetpatterncentral.com/directory/dolls-clothes.php)

We will distribute the dolls at the September meeting, following dinner.

## CONSERVATION—Luann Scott & Kay Stephenson, Co-Chairmen

“Green” Tip of the month.

Fall is a great time to plant a tree. During the winter the tree is able to establish a good root system and be ready for spring growth. When choosing an ornamental tree, please think native. Plants that are native to our region are much hardier and much more likely to do well in our environment. Native plants are those which were found growing in our region when the first settlers arrived. One suggestion is the fringetree, also known as Grandfather’s Beard (*Chionanthus virginicus*). It has fragrant white showy flowers in spring and also has berries in the fall for the birds.

## EDUCATION—Joyce Neighbours & Joleen Neighbours, Co-Chairmen

Some special dates to remember:

- The third Tuesday of each month is the Book Club at the Windsor Library
- September is “Library Card Sign-Up Month”
- American Education Week and National Author’s Day are both in November
- National Library Week is in April

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Please  
bring school  
supplies for the  
Mason boys (middle  
school) to the  
September meeting,  
or money to  
purchase backpacks  
for each boy.

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## HOME LIFE—Dot Gwaltney & Susanna Presson, Co-Chairmen

When you read our objectives you’ll see we have planned a year of giving to the less fortunate among us. Most of the ideas won’t be expensive, we just need you to remember to participate.

*Two members of our committee will be working on an entry in the “Stepping Up” contest, A Solefully Artistic Event, presented by Pink Passion Breast Cancer Support Group at Sentara Obici Hospital and Louise Obici Hospital Auxiliary, and we challenge club members to participate as well. See the brochure in the newsletter for details. Applications will be available at the meeting for anyone interested.*

**Please bring school supplies** for the Mason boys (middle school) to the September meeting, or money to purchase backpacks for each boy. If we get a large quantity of school supplies we’ll contribute the remainder to the Genieve Shelter. The Mason family is our adopted family.

### TIP OF THE MONTH:

Olive oil is among the most popular pantry staples, but myths abound. Does cooking with extra virgin olive oil make it lose its health properties? Cook with confidence. Most olive oils do not break down until heated over 450°, hotter than even deep-frying temperatures. Heat does diminish the oil’s flavor and aroma, so if you invest in a fancy bottle of extra virgin olive oil you may want to reserve it for uncooked uses. Look for oil sold in an opaque container, not clear glass. Light degrades the oil.



Happy cooking!

## INTERNATIONAL OUTREACH—Kathy Queen & Lisa Robertson, Co- Chairmen

Each month we plan to spotlight a global issue concerning women or children, with the hope that our club members will be moved to reach out and help women/children in other parts of the world.

Violence against women is a global pandemic. Without exception, a woman's greatest risk of violence is from someone she knows. Domestic violence is a violation of a woman's right to physical integrity, to liberty, and all too often, to her right to life itself. When countries fail to take the basic steps needed to protect women from domestic violence or allow these crimes to be committed with impunity, states are failing in their obligation to protect women from torture.

### **Acid Burning and Dowry Deaths**

Women's subjugation to men is pervasive in the political, civil, social, cultural, and economic spheres of many countries. In such societies, a woman who turns down a suitor or does not get along with her in-laws far too frequently becomes a victim of a violent form of revenge: acid burning. Acid is thrown in her face or on her body and can blind her in addition to often fatal third-degree burns. Governments do little to prevent the sale of acid to the public or to punish those who use it to kill and maim. Similarly, the ongoing reality of dowry-related violence is an example of what can happen when women are treated as property. Brides unable to pay the high "price" to marry are punished by violence and often death at the hands of their in-laws or their own husbands. (*Information from Amnesty International*)

## PUBLIC ISSUES—Virginia Norfleet & Nancy Marshall, Co-Chairmen

- Do you know any World War II Veterans ? If so please call or e-mail their name and address to Jin Norfleet.
- Please continue to clip and bring coupons for our military families overseas.
- A list of comfort items for residents of Hampton Veterans Hospital will be available at our Sept. meeting. We want to fix a nice basket and deliver it on Veteran's Day.
- Bring used cell phones and chargers to be exchanged for phone cards for our men and women in the military.

Thanks !

## Things You Need to Know

- The first meeting of the 2011-2012 club year will be on **TUESDAY**, September 13, 2011. This is for the first meeting only. The rest of the meetings will be on the third Thursday night of each month. This will be a dinner meeting, beginning at 6:30 PM.
- Hostesses for the September meeting are Helen Hill, Jackie Blythe, Jean Claud, Cathy Funk, Betty Hardy, Nancy Howell, Carolyn Scott & Mary Lee Willis
- Greeters for the September meeting are: Dot Gwaltney, Jean Claud, Courtney Roggmann and Verna Jones. The responsibility of the greeters is to arrive at the meeting about 15 minutes early, ready to greet everyone when they arrive, help them find their name tags if needed and register them for the door prize. Leading the pledge to the flag and the club collect will be Kay Stephenson
- We have explored the idea of purchasing golf shirts with the club logo on them. The logo would be a smaller version of what is on your tote. These can be purchased for approximately \$25.00 and will be a pale yellow or white with dark or gold embroidery.

If you would like to have a shirt, please contact Helen Hill and give your size. the delivery time is about two weeks from order date.

- Annual dues are \$25.00 and can be paid at the September meeting.

## STANDING COMMITTEE REPORTS

### BUDGET—Jackie Blythe, Chairman

The budget for the coming club year will be printed and distributed at the September meeting. Checks for your annual dues can be made payable to the Woman's Club of Windsor and given to Jackie at the September meeting.

### MEMBERSHIP—Nancy Foster & Nola Mumford, Co-Chairmen

The membership committee has been hard at work mailing 25 letters to prospective members inviting them to the September meeting. We also mailed letters to 14 members who had missed several meetings, entitled "We Want You Back" as well as seventeen letters to new members thanking them for joining the club. Our goal is to make sure members feel welcome.

Reasonable goals have been set for the coming year, including setting up new larger name tags and a new method of making sure members wear them. The greeters at each meeting will have the name tags when the members arrive at the meeting. They will take them up at the end of the meeting and store them until needed.

### WAYS AND MEANS—Theresa Beale & Courtney Roggmann, Co-Chairmen

We have so many new members since we last published a cookbook, we have decided to order 100 more copies. The books were first made available for the Town of Windsor's 100th Anniversary in 2002. The books are in and will be available to purchase or sell at the September meeting.

The next Fundraiser of the year will be the Isle of Wight County Fair September 15-18, 2011. We will be assisting Nixon's Catering at their food booth. Kim Garrett has called or emailed everybody to set up a schedule for this.

Also on October 29, 2011 we will host our first Scrapbook Crop of the year at the Windsor Community House. We are responsible for setting up and taking down the tables and for providing and serving lunch and snacks throughout the day. Ann Hall is chairman of this and will be contacting some members to assist with this. Club member Pat Hodge is our Creative Memories Consultant.

### SCRAPBOOK—Mary Lee Willis, Chairman

The members of the scrapbook committee plan to get together in late fall to put together the 2010 club scrapbook. With several members on the committee we hope that it can be done in no more than two work sessions. If anybody else scrapbooks and would like to be a part of this project, please let me know, and if anyone has additional pictures or memorabilia we would be delighted to include it in the scrapbook.

### SUNSHINE —Joyce Neighbours, Chairman

Just a reminder that we have formed a Sunshine committee for the purpose of helping our club members when needed. We don't always know when a need arises so we ask all members to please help with letting us know if there is a need.

Several members or their spouses have had health issues this summer and we wish them well.

### Thank you from Corey Sue Turner

Thank you so much for choosing me as the recipient of your scholarship. It will be a great help in financing my future endeavors.

Sincerely, Corey Sue Turner

## ABOUT GFWC

In all 50 states and more than a dozen countries, our members work locally to create global change. GFWC clubwomen are mothers, sisters, wives, daughters, doctors, teachers, and community leaders who are dedicated to enhancing the lives of others through [volunteer service](#).

GFWC is distinguished from other service organizations by the breadth of our outreach. Our community service programs span all areas of the lives of our members, their families, and communities: arts, conservation, education, home life, public issues, and international outreach.

In addition, GFWC has earned a reputation as a powerful force in the fight against [domestic violence](#). GFWC was recognized on the floor of the United States Senate as “a gem among our midst” by Senator Joseph Biden (Del.) for our work in bringing hope to victims and survivors of domestic violence and abuse. (November 16, 2006)

# Hugs and Kisses

We are so happy to be sponsoring the production of “Hugs and Kisses” at both Carrsville Elementary School and Windsor Elementary School. The date at Carrsville Elementary School is October 26th at 2 PM and Windsor Elementary School is November 17th at 9:30 AM and again at 1 PM. Please try to come out for at least one of these performances

Hugs and Kisses is the Theatre IV good touch, bad touch child abuse prevention program in schools.

- Good touch, bad touch and secret touch concepts sensitively introduced to K – 5 students in an age appropriate manner
- Award-winning, enjoyable musical play serving approximately 55,000 students throughout Virginia annually
- Seen by over 1.3 million students in every school district in the state; over 12,600 have sought help directly after the play
- Proven to teach prevention resources and techniques across all grade levels.




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*Hugs and Kisses is the Theatre IV good touch, bad touch child abuse prevention program in schools.*

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## COMMUNITY THANK YOU

The next time you see a member of the Windsor Volunteer Fire Department, the Windsor Volunteer Rescue Squad or the Windsor Police Department, please say “thank you” for the great job they did during and following Hurricane Irene.

In addition to many calls they all answered during the hurricane, members of the Windsor and Carrsville Fire Departments also spent many hours during and after the hurricane cutting trees to clear the roadways. I’ve always known what a great department we have in Windsor, but didn’t know until I retired and hear the trucks go out, how many calls they answer!

We are so fortunate to live in the Windsor area and have such dedicated volunteers.

## COMMUNITY SERVICE PROGRAMS/COMMITTEE

### GOALS for 2011-2012

#### ARTS

The goals for the 2011-2012 club year are:

- Dress dolls for the Salvation Army for Christmas.
- Plan, set-up and serve two scrapbook crop luncheons for Ways and Means Committee.
- Collect recyclable items for Art Teachers at the five area schools.
- Provide candy jars for members to decorate and fill for the Neighbors' Place, Consulate Nursing Home and Honorary members.
- Hold Arts and Crafts Show in February for students and members.
- Write article for ECHOES each month.
- Sponsor member Photography Show in November.
- Organize a photography class outside the meeting.
- Make monetary contributions to the five area schools for the Art Department.
- Hold an art display at each meeting.
- Sponsor member writing competition.
- Plan a group attendance to a local play.

Arts Committee: Helen Hill Co-Chairman, Patti Harrison Co-Chairman, Norma Alphin, Jean Claud, Anne Fuller Fike, Ann Hall, Betty Hardy, Ivey Mae Holland, Shirley O'Briant, Anne Woodruff

#### CONSERVATION

Our objectives are:

- To increase members' awareness of conservation issues
- To increase community awareness of conservation issues

We will implement the following projects:

- To sponsor a food drive for the IOW Animal Shelter.
- To sponsor an art show for Carrsville Elementary, Windsor Elementary, Windsor Middle, and Windsor High Schools to feature art projects made with recycled materials
- To partner with the Town Beautification Committee
- To submit a monthly "green" tip in the club newsletter
- To ask a Master Gardener to present a program on beneficial insects.

Conservation Committee: Luann Scott and Kay Stephenson, Co-Chairmen, Hollie Bickley, Kathy Cobb, Cathy Funk and Julia Per-

## EDUCATION

Objectives/Goals for 2011-2012

1. Participate in the American Library Association challenge to "Adopt-A-Library" by:
  - Encouraging library cards, not only for our members but for family and friends.
  - Donating a book to the library in honor of someone.
  - Circulating good reading lists.
  - Having a book swap at our meetings
  - Recognizing our local librarians
  - Promote the "Book Club" on the 3rd Tuesdays at the library.
  - Observe "National Author's Day" in November.
  - Observe American Education Week in November.
  - Volunteer at the Windsor Library.
2. Provide information to our club members on adult scholarships.
3. Donate a \$500. scholarship to a female graduating senior at Windsor High School, as well as contribute \$25. each to the Mary Frances Hartz scholarship and to the Mary Macon McGuire scholarship. In addition, send a "Care" package to the scholarship recipient during the year.
4. Observe National Library Week during April 2012 with emphasis on D.E.A.R.(Drop Everything & Read) (Day to be announced)
5. Provide information on current reading material.
6. Assist the "Friends of the Windsor Library" by helping with the annual "Breakfast with Santa" on the first Saturday in December, and at other times as needed.
7. Volunteer to read to students at Windsor Elementary School.
8. Take books to Consulate Health Care and children's books to the local Laundromat.
9. Bring items for Kindergarten teachers such as markers, colored pencils, play-doh, glitter, etc. in January.
10. Recognize teachers at the 5 local schools during National Education Week.

Education Committee: Joleen Neighbours, Co-Chairman, Joyce Neighbours, Co-Chairman, Betty Cobb, Liz Fuller, Joyce Gardner, Verna Jones, Lee Miller & Valerie Mitchell

## HOME LIFE

Objectives for the coming year:

- Adopt the Mason family of three for the year, donating school supplies and clothing as needed as well as gift cards and food at Christmas
- Be responsible for the January club program, making lap robes for the residents at Consulate Health Care Facility. Have a shower during the club year (the month to be determined later) for other needs at the facility. A list of wishes will be published later in the Echoes.
- Present a "tip of the month" on issues of health and finance with appropriate hand outs as available.
- Ask members to bring items for the Genieve Shelter. These items will be listed during the year, and also make small "cuddly" blankets for toddlers at the same time as we make the lap robes.
- Donate an auction item for the Graz'n Acres dinner and auction in the spring.
- Enter the "Stepping Up" shoe decorating contest sponsored by Sentara Obici Hospital to support Breast Cancer Campaign.
- Continue to support the local food bank with non perishable goods and money.
- Donations of \$75. each to: Camp Easter Seal, Habitat for Humanity, Meals on Wheels and Western Tidewater Free Clinic.

Home Life Committee: Dot Gwaltney, Co-chairman, Susanna Presson, Co-Chairman, Sherry Atwood, Betty Cobb, Betty Hardy, Pat Hodge, Kathy Holt and Peggy Wright

## INTERNATIONAL OUTREACH

International Outreach – 2011 - 2012

- Our goal is to inform and engage our membership so that we can become better world citizens within our global community.

Our objectives are:

- To create opportunities for our club women to provide direct service opportunities for women and children around the world by supporting Operation Smile, Pennies for Peace, Solar Ovens for Africa and UNICEF.
- To increase our members knowledge and awareness of global human rights issues with articles in the newsletter.

International Outreach Committee: Kathy Queen, Co-Chairman, Lisa Robertson, Co-Chairman, Jackie Blythe, Wendy Broache, Nancy Howell and Carolyn Scott

## PUBLIC ISSUES

The Public Issues Committee submits the following objectives for club year 2011-2012:

- To support the “Wreaths Across America” project by a donation of 100.00 to assist with providing wreaths at Albert G. Horton, Jr. Memorial Veterans Cemetery, Suffolk, VA during the Holiday Season.
- To honor World War II Veterans in this area with “Thank You” letters on Veteran’s Day.
- To gather comfort items for residents of Hampton Veteran’s Hospital and deliver on Veteran’s Day.
- To support American Military Mission with a \$50.00 donation to assist with postage for mailing packages to those in the military.
- To continue our “Coupon Clipping Campaign” by bringing coupons to each club meeting. Groups of coupons will be mailed every three months-Dec. 1, 2011-March 1, 2012 and June 1, 2012.
- Help our troops “stay connected” by donating used cell phones-proceeds will be used to purchase calling cards for U.S. service men and women.
- To observe National Day of Remembrance on May 28, 2012 by placing flags on graves in Windsor Cemetery and acknowledging our appreciation.
- To secure information on the "Amber Alert" program and share with club members through our newsletter.
- To support a “Senior Driving Class”, encouraging area seniors to participate. (Tentatively planned for January 2012.)

Public Issues Committee: Virginia Norfleet, Co-chairman, Nancy Marshall, Co-Chairman, Nancy Howell, Nola Mumford, Anne Woodruff and

***IMPORTANT ANNOUNCEMENT: More Woman’s Club aprons have been ordered for any of our new members who may not have gotten one or any club member who needs another. The price of the aprons is \$12. Helen will have the aprons at the September meeting, so just see her to purchase one.***

## MEMBERSHIP

### Objectives:

- To gain 8 new members during the club year.
- Recommend a new larger name tag for members. To store the name tags at the Community House and ask the Greeters to assist the members with the tags when they get to the club meeting. Take up tags after the meeting.
- Encourage members to re-recruit former club members.
- Ask club members to recommend prospective members.
- Continue to make new members feel welcome and needed.

Membership committee: Nancy Foster and Nola Mumford, Co-Chairmen, Marsha Atwood, Ann Hall, Barbara Redd-Congleton and Peggy Wright.

## WAYS AND MEANS

The Ways and Means Committee is trying a new method of completing the fundraising projects of the club year. This year some of the projects will be planned and implemented by some of the Community Service Programs. We are also going to TRY to use different people for each event. Listed below are the projects planned at this time:

- 9/15-18/2011—Assist Nixon's Catering at the Isle of Wight County Fair . Chairman will be Kim Garrett.
- 10/29/2011—Hold a Scrapbook Crop. Chairman will be Ann Hall and the Arts Committee.
- 11/5/2011 - Sponsor a performance by the Rocky Hock Opry at Windsor High School. Chairman will be Mary Lee Willis
- 1/18/2012—Hold a Winter Scrapbook Crop with Helen Hill and the Arts Committee as chairman.
- 2/21/2012—Cater the Windsor Ruritan Club Dinner Meeting with Virginia Norfleet and Public Issues Committee as Chairman.
- TBD in March 2012 - Cater the Post Legislative Breakfast with Theresa Beale and Nancy Foster as chairmen.
- 3/31/2012 - Breakfast with the Easter Bunny with Courtney Roggmann as chairman
- TBD in May 2012—Cater the Town of Windsor Business Appreciation Breakfast with Theresa Beale & Nancy Foster as Chairmen.
- TBD in May 2012—Field Trials with Kim Garrett as Chairman
- 6/19/2012—Cater the Windsor Ruritan Club Dinner Meeting, with Jackie Blythe and the International Outreach Committee as Chairman.
- Ongoing—Reprint our most recent cookbook and sell 100 copies with Dot Gwaltney and the Home Life Committee as Chairman

In addition we will continue to assist the Windsor Ruritan Club with projects such as the Isle Fest and the Pig Pickin' as requested.

Ways and Means Committee: Theresa Beale and Courtney Roggmann, Co-Chairmen, Joyce Bracey, Nancy Foster, Kim Garrett, Julia Perkins and Mary Lee Willis

When everything's coming your way, you're probably in the wrong lane



## *Steppin' Up!*

*A solely artistic event!*

Presented by



*This is a shoe art contest open to the entire community, sponsored by the Sentara Obici Hospital Pink Passion Breast Cancer Support Group and Louise Obici Hospital Auxiliary. Use your creativity to design your shoe entry and be eligible for a cash prize. Awards will be presented at the Pink Passion Fashion Show on October 14<sup>th</sup> from 5pm – 8pm at the Suffolk Cultural Arts Center in Suffolk. You do not have to be present to win. Enjoy!*

#### **Submission Dates:**

*Shoes may be submitted from August 30<sup>th</sup> until September 30<sup>th</sup>, 2011. Shoes may be delivered to the Sentara Obici Hospital Front Lobby Desk between the hours of 0900 am and 3:00pm (Monday through Friday).*

#### **Entry Fee:**

*Entries require a non-refundable \$20.00 fee, due at time of submission. Cash or check only – make checks payable to Louise Obici Auxiliary.*

#### **Awards:**

*Cash prizes will be awarded to category winners. Note: all monetary prizes are considered income and must be claimed as "other income" when you file your yearly taxes.*

#### **Guidelines:**

- ✓ *All entries must be created on or around a pair of lady's shoes or boots. Any adult shoes or boots, except flip flops, are acceptable. The shoes must be adorned, partially covered or embellished by fabric, appliqués, etc. These may be attached with glue or other durable fasteners. Permanent paint is permissible. The shoes may also be part of an artwork piece where it meshes well with the theme, whether by color, texture or style.*
- ✓ *Entries should be self supporting and or mounted in such a fashion to remain intact during moving and display. Dimensions of the art piece are limited to 14" wide, 14" deep and 24" high.*
- ✓ *Entries must be in good taste. Sentara Obici Hospital reserves the right to refuse distasteful entries.*
- ✓ *Entries must include your name tag on the underside of the art piece with contact name and the name of your entry.*

*For more information about the event, tips or suggestions for designing an entry or to obtain an entry form by fax or mail, please contact: Pat Thornton at 934-4331 or Edie Fidler at 934-4791.*

## Cook's Corner

### Theresa's Apple Cake

3 medium Granny Smith apples, peeled and chopped  
 2 cups all purpose flour  
 1 tsp. cinnamon  
 1 tsp. baking soda  
 1/2 tsp. salt  
 1 1/2 cups sugar  
 2 eggs  
 1 cup oil  
 1 tsp. vanilla  
 1/2 cup nuts, chopped



Mix dry ingredients, blend eggs, oil, and vanilla. Stir in chopped apples and nuts. Pour into 9 x 13" pan. Bake in 350° oven for 45 minutes.

Theresa Beale served this at one of our club meetings and it was delicious.

## The Dash

By Linda Ellis

I read of a man who stood to speak at the funeral of a friend.  
 He referred to the dates on her tombstone from the beginning....to the end.

He noted that first came the date of her birth and spoke of the following date with tears,  
 But he said what mattered most of all was the dash between those years.

For that dash represents all the time that she spent alive on earth  
 And now only those who loved her know what that little line is worth.

For it matters not, how much we own, the cars...the house...the cash.  
 What matters is how we live and love and how we spend our dash.

So think about this long and hard; are there things you'd like to change?  
 For you never know how much time is left that can still be rearranged.

If we could just slow down enough to consider what's true and real  
 And always try to understand the way other people feel.

And be less quick to anger and show appreciation more  
 And love the people in our lives like we've never loved before.

If we treat each other with respect and more often wear a smile...  
 Remembering that this special dash might only last a little while.



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**"Living the Dash - For Our  
Town"**

### WHAT HAS GFWC VIRGINIA ACCOMPLISHED?

The impact made by Virginia club women in the Commonwealth is far-reaching and enormous. Since its inception in 1907 a better quality of life has been its primary goal. GFWC Virginia has been instrumental in bringing about needed changes and improvements in these areas of emphasis. A few are:

- Development of public libraries
- Support of Operation Smile
- Provided scholarship and student loan funds
- Sponsorship of Hugh O'Brien Youth Leadership Foundation
- Advocates for children
- Supported Canine Companions for Independence by purchasing dogs for the handicapped
- Funded programs and facilities for people with disabilities, with major support for Easter Seals
- Provided guides for school children at State Fair of Virginia
- Established nation's first art mobile
- Stressed leadership development for members and youth

## CALENDAR

- September 8, 2011..... International Literacy Day (Celebrate by reading to a child)
- September 13, 2011..... Club Dinner Meeting @ 6:30 PM
- September 13, 2011..... Windsor Town Council Meeting
- September 15-18, 2011..... Isle of Wight County Fair
- September 21, 2011..... International Day of Peace (Celebrate by praying for Peace and by doing a random act of kindness in your world)
- October 1, 2011..... International Day of Older Persons (Celebrate by doing a good deed for the elderly)
- October 7, 2011..... Southside District Day at the State Fair
- October 10..... World Food Day (Celebrate by bringing one can good to the October meeting and by eating food of another culture)
- October 20, 2011 ..... "Meet the Candidate" Club Meeting @ 7:30 PM
- October 22, 2011 ..... Southside District Fall Meeting
- October 26, 2011 ..... Hugs and Kisses at Carrsville Elementary School
- October 29, 2011 ..... Scrapbook Crop Fundraiser
- November 5, 2011 ..... Rocky Hock Opry Fundraiser
- November 17, 2011 ..... Hugs and Kisses at Windsor Elementary School